



“

Yay! I've got it on *my hubby's* calendar! **wink** I'm going to have a *really* happy Mother's Day this year! ”

Tonya (Mommy to 3)

* PRACTICAL and INSPIRED gifts from the hippest local boutiques!

* Crafts for kids... because handmade cards and gifts for Mom are the best!

* Mommy pampering experts to nurture body, mind... even spirits (if you count the wine!)

* Fabulous prizes including a FREE Build-A-Bear Workshop® party!

A pre-Mother's Day Celebration
on Saturday, May 2, 10 am - 2 pm
at Brentwood Center of Health
2558 S. Brentwood, 63144, 314/961-8940
ATTENDANCE IS FREE!

RSVP online at
www.MyMommyManual.com/events
before APRIL 15 for a chance to win
fabulous raffle prizes!

See back for participants and activities!

hosted by

my mommy
 MANUAL

BRENTWOOD
CENTER
OF HEALTH 



Moms! Sisters! Daughters! (... and Husbands!)

Join the party solo, with your girlfriends or bring the family... for a **fab-u-lous** time!

- * *Massages*
- * *Chocolate*
- * *Wine tasting*
- * *Sweet treats*
- * *Mom's Day crafts for kids*
- * *Balloons, temporary tattoos*
- * *Fashionable apparel, accessories and gifts*

RSVP by APRIL 15 for a chance to win FREE BABYSITTING from TLC for Kids and other fabulous prizes!

www.MyMommyManual.com/events

PRIZES

FREE Build-A-Bear Workshop® Party * Good Housekeeping "Seal" plus free Good Housekeeping subscription from Build-A-Bear Workshop® * 90-minute massage from BCOH * 3-course dinner prepared and served in your home by Australian personal chef Roman Petrack * gift basket from Trader Joe's * Better Life Green Cleaning starter kits * Time for Dinner gift certificates * Tano Leather Hobo Bag (\$200 value) from Dotdotdash... and more!

PARTICIPANTS

The collage includes the following logos:

- BRENTWOOD CENTER OF HEALTH
- my mommy MANUAL
- Time for dinner
- periwinklebloom
- SECRETLEAVES
- www.secretleaves.com
- Robbery
- Kangaroo Kids
- BETTER LIFE
- JENNY'S VINTAGE JEWELRY BAR
- BRENNAN'S Wine, Food & Tobacco
- TLC Nannies & Sitters
- dot
- Simple Expression photography
- angalina ACCOUTTEMENTS
- cwe FAMILIES and FRIENDS
- THE MARKET AT BUSCH'S GROVE
- yum
- a little stars